Same destination Different journey

An interactive way to explore the mental load of travel

Instructions

1. Fold along the dotted line and carefully tear off this section — but don't throw it away.
2. Turn your paper over. One at a time, fold each corner into the centre point. You should now see the numbers and still have a square shape.

3. Flip the paper back over and repeat, fold all four corners into the centre again.

Tip: Press each fold firmly to help it hold its shape.

4. Fold the paper in half both ways.

5. Using both hands, place your thumbs and index fingers under the numbered flaps. Gently push them together to form your fortune teller.

How to play

1. Choose one of the four routes shown on the outside.

2. Spell out the route while opening and closing the fortune teller.

3. Choose a number and repeat the movement.

4. Pick another number to reveal a hidden response.

5. Reflect on how this could translate into real life decisions.

6. Try again!

Safety shouldn't require strategy

Scan for more information

1 TAXI (from front door)

2 Hold keys as weapon

3 Share location

4 Walk Fast

5 BUS (10 min walk to stop)

6 Loudly say no or ignore

7 Cross the road

8 Don't make eye contact

1 Call a friend

2 SHORT ROUTE (through wooded path)

3 LONG ROUTE (main road + 20 mins)

5 Remove Headphones

TRY AGAIN

You get noticed either way.

"Street harassment remains one of the most common forms of voilence against women "

Danger still exists.

You risk running battery low.

"70% of women text or call friends or family for safety reasons."

Danger still exists.

You could drop or loose them

Help could be far away

"Learned self defense knowledge is common but dont cancel out risk"

Danger still exists.

"9 out of 10 women feel unsafe walking alone after dark"

Danger still exists.

Try not to panick

"Research shows that responses of 'no' can sometimes be taken as a challenge by men"

Danger still exists.

Danger can also cross the road.

"Majority of women tak longer routes to try and avoid danger"

Danger still exists.

You feel anxious, safe energy

"Changing pace is a common response, but does not help avoid attention"

Danger still exists.

Vigilance means loss of joy

"Constant need for vigilance creates stress hormones, which is tiering even for short periods."

Danger still exists.